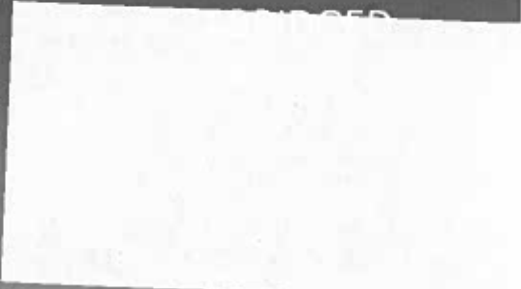


CURRICULUM VITAE

Health & Wellness Therapist

KGADI EURIKA THABILE MOGANE

Multi-Award-Winning Health and Wellness Practitioner



PROFESSIONAL PROFILE

Medical & Business

Kgadi - Royal Princess Eurika Thabile Mogane is a Medical Scientist, Health & Wellness Therapist and Colon Hydrotherapist Royal Princess is a therapist with multiple business, media and medical qualifications. A much-publicised Golden Key Society ambassador, she received life-long membership as pre-graduate and Honorary membership in 2020.

Kgadi - Royal Princess Mogane practices as Medical Nutritional Therapist and Functional Medicine Therapist at Tharika M Health Wellness Centre. She provides wellness support in community projects and has completed Certification in Trauma Counselling with University of Pretoria.

Her success is grounded in overcoming adversity to reach career life goals through personal commitment.

Born and bred in Nelspruit, Mpumalanga, Kgadi - Royal Princess Mogane's road to qualifying as Health and Wellness Professional started in 2010 but she Kgadi - Royal Princess dropped out in 2012 due to lack of funds. Doing menial work to save for re-entry into medical school, she completed a Community Journalism qualification with UNISA in 2013 and became a Merit Achiever at Unigrad College, completing her National Diploma in Business Management & Entrepreneurship top of class.

As the world's largest collegiate honour society for graduate and undergraduate students, Golden Key holds strong relationships with over 400 universities globally. Built on pillars of academics, leadership and service, chapters offer timely support to worthy members, who qualify in the top 15% of their class, and gain access to broad-ranging rewards and scholarships, travel and study abroad opportunities.

Using her membership well, Kgadi - Royal Princess Mogane realigned herself from studying medical science to working in functional medicine. She completed her certification in Neuroscience with Johns Hopkins University and Duke Univeristy in 2020. She holds Competency Diplomas and Certificates in Sports Medicine, Nutritional Therapy and Cognitive Behavioural Therapy. Kgadi - Royal Princess Mogane is also well-known for her activities with the Cancer Association of South Africa.

CAREER HIGHLIGHTS

- **2022** 40 Under 40 Africa Awards Winner: Honorary Entrepreneurship Award
- **2022** Conscious Companies Top 3 Award Winners
- **2021** Mail & Guardian Top 200 Young SA Winner: Editor's Choice Category: Covid-19 Frontliners | Mpumalanga Department of Health: Community Advocate | HERSTORY Women's Global Empowerment: Online Summit Speaker | Klinishen & Beautygen Brand Ambassador
- **2020** SA Red Cross Society: Governance Brand Ambassador | Golden Key Alumni Award | Alison Golden Volunteer Award | Alison Online Covid-19 Course Developer / Translator | Sabi Sand Community Ambassador Award

PROFESSIONAL AFFILIATIONS

- Spa & Wellness Association of Africa
- Public Health Association of South Africa
- Case Manager Association of South Africa
- Medical Protection Society

- **2017** Cancer Association of SA: Youngest Sustainability Manager & Head Office Silver Award – Sustainability Department
- **2016** SA Writers College – Most Memorable Short Story Award | Minister: Charis Family International Church & Chair: Student Society | Chief Editor – Testimonies Magazine (local publication)

PROFESSIONAL EXPERIENCE

Mogane Royal Family and Tribal Authority Lifetime
Princess R

Reference

Core Overview:

- Community Upliftment
- Health and Wellness Campaigns Management
- Sponsorships and Partnerships Evaluator
- Media Relations Speaker
- Sponsorships and Proposals Compile

Key Roles & Accountabilities:

- Upkeep of the Throne and Community: As the Rakgadi of the Kraal, it is her duty to ensure that all community activities and upliftment programs are done in accordance with the vision and mission of the different towns.

Marketing Management: Develops brand, sustains vision, uplifts communities

Tharika M Health Wellness Centre 2021 to date
Co-Founder, Health and Wellness Practitioner

Core Overview:

- Operational Management
- Overview Patient Intake and Follow-ups
- Ensuring overall operations of the Wellness Centre

Key Roles & Accountabilities:

- Commercial Business Leadership: Represents Centre as brand ambassador | Optimizes pricing to market demand | Trains staff in client service best practices and long-term, ethical client relationship-building.

Marketing Management: Develops brand.

Nelspruit Integrative Medical Centre 2020 to 2021
Independent Contractor – Colon Hydrotherapy Internship & Marketing Manager

Referer

Core Ov

- Performs colonic irrigations, implant training and manages Marketing, PR and Communications for the Regional Medical Centre and Spa.
- Offers natural, homeopathic and functional medical care, colonic irrigations, ozone and floatation therapy, Ewot sessions, Smokerlyzer and melanoma skin screening, and general health stat checks.

Key Roles & Accountabilities:

- Foundation for Professional Development

AREAS OF EXPERTISE

- Business Management
- Entrepreneurship
- Brand Marketing
- Medical Journalism
- Research & Expert Writing
- Book Publishing & Launch
- Graphics & Videography
- Professional Counsellor
- Cognitive Behavioural Therapy Practitioner
- Integrated Homeopathy
- Public Speaking
- Pastoral Counselling
- Team Lead & Trainer
- Corporate Reporting

TECHNOLOGY SKILLS

MS Office | Adobe | OBS Studio | CANVA | WordPress | CorelKgadi - Royal Princessaw | Illustrator | Pinnacle Studio Video Editing | Nero Video | NCH Suite

QUALIFICATIONS

[In Progress] Bachelor of Applied Social Science in Psychology & Counselling

Certification in Trauma Counselling

Honorary Doctorate in Psychchemistry

Certificate in Fundamental Neuroscience for Neuroimaging

Certificate in Industrial Biotechnology

Certificate in Introduction to Psychology

- Commercial Business Leadership: Represents centre as brand ambassador | Optimises pricing to market demand | Trains staff in client service best practices and long-term, ethical client relationship-building.
- Marketing Management: Develops brand and reputation via national digital listening and channel marketing | Packages holistic healthcare offerings with Customer Experience (CX) tracking and follow-up | Manages social media accounts and manages community-building.
- Client Screening & Testing: Employs iridology and Estek complex analysis, combining EIS / ESG test data with pulse oximetry / waves and heart rate variability values | Determines heart and circular health, stress load and risks, screening for cardiovascular disease, hypertension and diabetes.
- Physical & Behavioural Therapy: Conducts structured cognitive neurological distress therapies for nervous system and psychological dysfunctions | Treats musculoskeletal trauma to bones, joints, ligaments, tendons and muscles, and chronic conditions such as arthritis.
- Colonic Irrigation & Implant Therapy: Performs colon for weight management and loss, parasites, digestive issues, IBS and constipation | Prepares colonoscopy via rectal speculum tubing, abdomen massage, gall stone irrigation; liver, pancreatic and general body detox.
- Patient Aftercare & Education: Educates patients about life-threatening effects of accumulated inner colon waste matter | Performs assessments with dietary advice and supplements | Supports patients with pain-free implants, including ozone, coffee, spirulina, iodine and probiotics.

Tharika M Trading Investments (Pty) Ltd. 2014 to Date
Founder | Director

Core Overview:

- Launched and runs Tharika M Publishing, providing business consulting, setup and support services, digital marketing, book publishing and events | Published > 15 major book productions and successful launches.

Key Roles & Accountabilities:

- Business Support Services: Offers editing, proofreading, referencing, book layout / illustration, ISBN code generation, printing, traditional and millennial marketing and distribution to independent published authors.
- Medical Social Investment: Assesses outpatient nutritional status via weight, blood pressure and heart rate screening | Designs meal planners based on national health standards | Educates patients, families and healthcare providers on care planning | Hosts radio interviews and quality assurance for online learning courses

2019 to 2020

Marketing Manager

- Served in the management of wildlife, fauna and flora preservation reserve as Covid-19 Healthcare Leader and HIV/Aids Wellness Coordinator.
- As Covid-19 medical respondent, led pandemic preparedness education, PPE availability, critical care and vaccination protocols at community level.
- Launched educational marketing campaigns, promoting sustainable conservation for natural and protected spaces and species.

Certificate in Community Journalism

Certificate in Human Physiology: Neuroscience Sports Vision Testing & Training

[Incomplete] Bachelor of Sciences in Medical Science

COURSES & TRAINING

Diploma Colonic Irrigation & Implantation Therapist

Advanced Cardiac Life Support (ACLS) Certification

Certificates in Human Anatomy & Physiology; Clinical Nursing Skills; Introduction to Human Nervous System; Nursing Studies – Patient Care & Hygiene; Neurological Disorders; Covid-19: What You Need to Know

Competence Certificate in Emergency Oxygen Providers

Certificate in Investigator & Site Personnel Good Clinical Practice

Diploma in Sports Medicine

Diploma Counselling Practitioner; Cognitive

Behavioural Therapy Practitioner Certificate

Diploma in Business Management & Entrepreneurship

Comprehensive CV available upon request

- Entrenched the brand as preserver of diverse habitats and ecosystems for future generations, with wildlife tourism as significant contributor to the local economy, joining communities as story-telling PR partners.
- As internal and external Communications Officer, hosted dialogues on community gardening, wildlife conservation and anti-rhino poaching.

Cancer Association of South Africa 2016 to 2019
Divisic (Mpumalanga Region)

Refer

- Developed, implemented and monitored performance of organisational environmental strategies for SA's leader in the fight against cancer.
- Controlled budgets, internal and external marketing strategies on Health & Wellness campaigns for corporate clients, community development.
- Provided screening for staff physical breast cancer examinations, high blood pressure and Smokerlyzer testing.
- Fundraising for those affected by cancer: Sustainability Events for Mpumalanga
- Youngest African Female Manager in the organization: Multiple Employee of the Month Awards
- Engagement with Community Members and being a mouth-piece for those who are from disadvantaged communities who need to know more about cancer.

EARLIER EMPLOYMENT SYNOPSIS

Unigrad College 2015 to 2016
Internship—Business Management & Entrepreneurship

Refer

- As Student Health Advisor & Promotor, worked with technical oversight bodies to advance student engagement and resolve conflicts | Led database processing and analysis| Supported staff training and report Kgadi - Royal Princess Eurika Mogane.

Betsoe Sound & Video (Pty) Ltd. 2013 to 2014
Personal Assistant & Creative Production Assistant

Ref

- Managed copywriting, videography and photography, graphic design, sound engineering and events, interviewing delegates | Promoted to Video Editor and Voice-over Artist.

KEY STRENGTHS & SOFT SKILLS

- Bold and brave author, commentator, publisher and publicist – holds advanced writing skills across traditional and new media channels.
- Independent thinker and active listener; ethical in public presentation, and agile in fielding and satisfying community concerns.

- In-depth understanding of integrated social medical care; applies holistic principles into all service areas and product innovations.
- Resilient swift learner, tenacious and authentic in achieving stretch goals.
- High work ethic with assertive attitudes to brand-building and proactive marketing – aptly builds engaged communities responsively.
- Empowering servant leader, with broad skill sets and intellectual knowledge base to lead, execute and mentor to global industry standards.

BASIC CONTACT INFORMATION

- Full Name
- ID Number
- Cell:
- Email
- Address
- LinkedIn
- Instagram
- Facebook